

Efficiency comparisons of recurrent event and time-to-first event analysis

Bayer

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Recurrent event data

Settings of interest: comparing test treatment and control in chronic disease

- Without terminal event (e.g. relapsing-remitting multiple sclerosis)
 - Recurrent event endpoints are well established
 - Recurrent event analysis is more efficient than time-to-first event analysis if treatment affects the first and subsequent events
- With terminal event (e.g. chronic heart failure)
 - Current practice focus more on a time-to-first event endpoint
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Are recurrent event analyses more efficient than time-to-first event analyses in the setting "with terminal event"?

Case study: ValHeFT

A RANDOMIZED TRIAL OF THE ANGIOTENSIN-RECEPTOR BLOCKER VALSARTAN IN CHRONIC HEART FAILURE

JAY N. COHN, M.D., AND GIANNI TOGNONI, M.D., FOR THE VALSARTAN HEART FAILURE TRIAL INVESTIGATORS*

N Engl J Med, Vol. 345, No. 23, December 6, 2001, pp 1667-1675

Study design:

- Placebo-contolled study
- Placebo arm: 2499 patients
- Valsartan arm: 2511 patients, i.e. total N=5010
- Mean duration of follow-up: 23 months (range: 0 38 months)



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Co-primary endpoints:

- All-cause mortality
- Time-to-first event of a combined endpoint of all-cause mortality and morbidity



'Time-to-first composite event' approach ignores a lot of information

Number of hosp. for heart failure (HHF)	No. of patients PBO Nрво=2499 N (%)	No. of patients Val Nval =2511 N (%)	Total No. of patients Ντοτ = 5010 N (%)
0	1878 (75.15)	1974 (78.61)	3852 (76.89)
1	344 (13.77)	317 (12.62)	661 (13.19)
2	146 (5.84)	130 (5.18)	276 (5.51)
3	56 (2.24)	51 (2.03)	107 (2.14)
4	36 (1.44)	19 (0.76)	55 (1.10)
5	21 (0.84)	13 (0.52)	34 (0.68)
6	5 (0.20)	3 (0.12)	8 (0.16)
7	6 (0.24)	1(0.04)	7 (0.14)
8	3 (0.12)	2 (0.08)	5 (0.10)
≥ 9	4 (0.16)	1 (0.04)	5 (0.10)
Total number of HHF	1189	922	2111
Total number of CV death (CVD)	419 (16.77)	427 (17.01)	846 (16.89)
Total number of composite 'first' events (HHF/CVD)	841	769	1610
Number of HHF and CVD	1608	1349	2957

Recurrent event estimands (HHF) Chronic heart failure study

- **A. Population**: defined through inclusion/exclusion criteria to reflect the targeted patient population
- **B. Variable**: number of **HHF** while the patient is alive

C. Intercurrent event:

- 1. Treatment discontinuation: regardless of treatment discontinuation
- 2. Any cause death: while being alive

D. Summary measure:

- Exposure-weighted rate: the average number of HHFs patients suffer over the length of the study or until death relative to how long patients can expect to live over the course of the study
- Equal-weighted rate: the average number of HHF a patient can expect per study year s/he is alive [regardless of whether the patient will live for long or short]

Recurrent event estimands (HHF+CVD) Chronic heart failure study

- **A. Population**: defined through inclusion/exclusion criteria to reflect the targeted patient population
- **B.** Variable: number of HHF+CVD (CVD as an additional event), up to and including the time of death

C. Intercurrent event:

- 1. Treatment discontinuation: regardless of treatment discontinuation
- 2. Any cause death: while being alive

D. Summary measure:

- Exposure-weighted rate: the average number of HHF+CVDs patients suffer over the length of the study or until death relative to how long patients can expect to live over the course of the study
- Equal-weighted rate: the average number of HHF+CVD a patient can expect per study year s/he is alive [regardless of whether the patient will live for long or short]

RR_{HHF}=0.7, n=100.000 patients

	Expos rate ba	sure-wei ased est	ighted timand	Equal-weighted rate based estimand		Method		Estimate		
HR _{CV}	0.8	1.0	1.25	0.8	1.0	1.25		0.8	1.0	1.25
							Cox	0.841	0.799	0.782
HHF	0.783	0.722	0.688	0.752	0.727	0.720	NB	0.752	0.700	0.684
							LWYY	0.784	0.722	0.687
							Cox	0.875	0.898	0.935
HHF+CVD	0.809	0.806	0.822	0.93	1.759	1.759 3.737	NB	0.766	0.814	0.885
							LWYY	0.809	0.806	0.821

- RR_{HHE:} assumed treatment effect on HHF
- HR_{CV} assumed treatment effect on CVD
- Both from joint frailty model in data generation, not directly reflecting the values of the estimand

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- None of the established approaches targets the equal-weighted rate based estimand.

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- None of the established approaches targets the equal-weighted rate based estimand.
- Large values for the equal-weighted rate based estimand of HHF+CVD are caused by patients that die relatively early

Revisit ValHeFT study: recurrent event and time-to-event estimators

	Plug-in estimator (exposure weighted)	Plug-in estimator (equal weighted)	Model based estimator	Estimate	95% CIL	95% CIU	P-value
			Cox	0.84	0.75	0.95	0.0034
HHF	0.77	0.82	NB	0.77	0.66	0.89	0.0007
			LWYY	0.77	0.68	0.88	0.0001
			Cox	0.89	0.81	0.98	0.0204
HHF+CVD	0.83	0.62	NB	0.84	0.73	0.97	0.0176
			LWYY	0.83	0.74	0.93	0.0012

- Exposure-weighted rate ratio plug-in estimator: $\frac{\sum_{k \in A} [N_k] / \sum_{k \in B} [T_k]}{\sum_{k \in B} [N_k] / \sum_{k \in B} [T_k]}$
- Equal-weighted rate ratio plug-in estimator: $\frac{\sum_{k \in A} [N_k/T_k]}{\sum_{k \in D} [N_k/T_k]}$

Emulate situations observed in previous trials

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- CVD process and HHF process are not independent
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- Annualized placebo rate of CVD 4% (events / patient-year)
 - CHARM-Preserved 3.9%; TOPCAT BNP Stratum 3.9%
- Annualized placebo rate of first composite event 9%
 - CHARM-Preserved 9.1%; TOPCAT BNP Stratum 8.5%

BNP: B-type natriuretic peptide

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 - CHARM-Preserved 9.1%; TOPCAT BNP Stratum 8.5%
- Overall observed ratio of recurrent to first composite events = 1.8 (Anker and McMurray, 2012)

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Further settings

- Non-CVD as censoring event → non-CVD was about 30% of allcause death
- Study duration 5 years / Patient recruitment 3 years
 - Flexible follow-up time

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- Sample size: N = 4350, i.e. 2175 patients per treatment arm
 - 90 % power for LWYY (HHF+CVD) when $HR_{CV} = 0.8$ and $RR_{HHF} = 0.7$
 - Note: 0.8 and 0.7 are the simulation parameters for the joint frailty model; not directly reflecting the values of the estimand

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 - Note: 0.8 and 0.7 are the simulation parameters for the joint frailty model; not directly reflecting the values of the estimand
- Variations, among others
 - Weibull inter-event times
 - Autoregressive event rates

RR_{HHF}=1.0, n=4350 patients

	<i>HR_{cv}</i>	Method	Estimate	Type I error	
		Сох	1.027	0.010	
	0.8	NB	1.035	0.010	
		LWYY	1.058	0.005] \
		Сох	1.002	0.023	Local null hypothesis: $RR_{HHR} \ge 1$ $HR_{HR} \ne 1$
HHF	1.0	NB	1.002	0.025	
		LWYY	1.002	0.023] 🗙
		Сох	0.973	0.058	Global null hypothesis:
	1.25	NB	0.964	0.057	$RR_{HHF} \ge 1 \& HR_{CV} \ge 1$
		LWYY	0.942	0.100	
		Сох	1.002	0.022] /
HHF+CVD	1.0	NB	1.001	0.024]/
		LWYY	1.001	0.024	

RR_{HHF}=1.0, n=4350 patients



 All methods provide control of Type I error under global null hypothesis with point estimates close 1

RR_{HHF}=1.0, n=4350 patients



- Type I error inflation in favor of treatment with detrimental effect on CV death
- Severely ill patients in treatment group die earlier and contribute fewer HHF
 → makes treatment appear more effective in reducing HHF

Power RR_{HHF}=0.7, n=4350 patients



Back to ValHeFT example HHF+CVD



For each given sample size, 10000 bootstrap samples were drawn from ValHeFT data.

- Recurrent event methods (incl. WLW and PWP) are more efficient than timeto-first methods as they provide higher power in all investigated scenarios
- All methods control Type I error rate under global null hypothesis

WLW: Wei-Lin-Weissfeld model; PWP: Prentice-Williams-Peterson model

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- All methods control Type I error rate under global null hypothesis
- LWYY targets exposure-weighted rate based estimands across all investigated scenarios
- Equal-weighted rate based estimand
 - Highly sensitive to time-changing rates
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- LWYY targets exposure-weighted rate based estimands across all investigated scenarios
- Equal-weighted rate based estimand
 - Highly sensitive to time-changing rates
 - No well-established recurrent event approaches target this estimand
- Exposure weighted:
 - HHF only: Only appropriate if no or small effect on CVD can be assumed
 - HHF+CVD: Appropriate when effect on CVD is to be assumed

WLW: Wei-Lin-Weissfeld model; PWP: Prentice-Williams-Peterson model

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Backup

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Plug-in estimators

Treatment effect estimates (i.e. rate ratios) based on the plug-in estimators for the exposure-weighted and equal-weighted rate based estimands. Results are based on 1000 simulations, sample size N = 4350, $RR_{HHF}=0.7$

		Exposure-weighted					Equal-	weighted	l
			based es	$timand^*$		based estimand			
	HR_{CV}	Mean	SD	Min	Max	Mean	SD	Min	Max
Scenario 1: Non-informative	0.80	0.769	0.067	0.571	0.979	0.729	0.114	0.442	2.484
HHF	1.00	0.721	0.062	0.560	0.928	0.724	0.102	0.347	1.353
	1.25	0.670	0.057	0.522	0.886	0.713	0.102	0.399	1.301
Scenario 2: Informative	0.80	0.769	0.067	0.570	1.043	0.737	0.103	0.220	1.235
HHF	1.00	0.726	0.066	0.532	0.978	0.727	0.107	0.281	1.235
	1.25	0.678	0.059	0.488	0.883	0.720	0.124	0.312	2.589
Scenario 3: Non-informative	0.80	0.794	0.059	0.623	0.981	1.104	2.666	0.001	66.606
HHF+CVD	1.00	0.797	0.058	0.637	1.002	1.999	21.026	0.039	663.342
	1.25	0.799	0.055	0.628	0.984	1.930	10.360	0.014	319.777
Scenario 4: Informative	0.80	0.794	0.058	0.599	1.004	1.295	4.654	0.003	109.483
HHF+CVD	1.00	0.800	0.060	0.622	1.012	1.825	15.447	0.022	475.896
	1.25	0.806	0.057	0.627	0.981	3.969	75.013	0.043	2371.761

Simulation: estimand vs. estimate RR_{HHF}=0.7, n=100.000 patients

	Exposure-weighted rate			Equal	-weighte	d rate	Method	Estimates		s
	bas	ed estim	and^*	bas	based estimand					
HR_{CV}	0.8	1.0	1.25	0.8	1.0	1.25		0.8	1.0	1.25
Scenario 1: Non-informative							Cox	0.841	0.799	0.782
HHF							NB	0.752	0.700	0.684
	0.783	0.722	0.688	0.752	0.727	0.72	LWYY	0.784	0.722	0.687
							WLW	0.789	0.731	0.702
							PWP	0.849	0.811	0.791
Scenario 2: Informative							Cox	0.822	0.789	0.769
HHF							NB	0.741	0.704	0.679
	0.770	0.728	0.686	0.745	0.794	0.728	LWYY	0.771	0.727	0.684
							WLW	0.774	0.731	0.692
							PWP	0.843	0.817	0.787
Scenario 3: Non-informative							Cox	0.875	0.898	0.935
HHF+CVD							NB	0.766	0.814	0.885
	0.809	0.806	0.822	0.93	1.759	3.737	LWYY	0.809	0.806	0.821
							WLW	0.817	0.818	0.839
							PWP	0.878	0.907	0.944
Scenario 4: Informative							Cox	0.859	0.881	0.929
HHF+CVD							NB	0.767	0.797	0.889
	0.800	0.800	0.820	0.799	1.498	1.737	LWYY	0.801	0.800	0.819
							WLW	0.807	0.806	0.831
							PWP	0.879	0.900	0.944

RR_{HHF}=1.0, n=4350 patients

Endpoint	HR_{CV}	Method	Estimate	Type I error
		Cox	1.027	0.010
	0.8	NB	1.035	0.010
	0.0	LWYY	1.058	0.005
		WLW	1.048	0.006
		PWP	1.024	0.008
		Cox	1.002	0.023
HHF	1.0	NB	1.002	0.025
	1.0	LWYY	1.002	0.023
		WLW	1.002	0.024
		PWP	1.001	0.025
		Cox	0.973	0.058
	1.95	NB	0.964	0.057
	1.20	LWYY	0.942	0.100
		WLW	0.951	0.088
		PWP	0.974	0.068
		Cox	1.002	0.022
	1.0	NB	1.001	0.024
HHF+CVD	1.0	LWYY	1.001	0.024
		WLW	1.001	0.025
		PWP	1.000	0.024

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Power – HHF



Power – HHF+CVD



Event generating process (1)

With terminal event

 $\lambda_{CV}^* = \lambda_{CV} \ z_i^{\alpha} \ \exp(x_i \beta_{CV}),$ $\lambda_{HHF}^* = \lambda_{HHF} \ z_i \ \exp(x_i \beta_{HHF}),$

- Frailties z_i gamma distributed with mean 1 and variance θ
- Control rates λ_{CV} and λ_{HHF} and frailty variance θ such that previous CHF trials are emulated
- Basecase:
 - Inter-event time are exponential
 - $-\lambda_{CV} = 0.07032, \ \lambda_{HHF} = 0.15444, \ \theta = 5.7$
 - $\alpha = 0.75$ frailty correlation between two processes (Rogers et al., 2106)
- Treatment discontinuation:
 - Non-informative: rate of annual treatment discontinuation is 5 %
 - Informative: treatment only discontinued directly after HHF event with prob. 0%, 5%, ..., 20%

Event generating process (2)

With terminal event

- Variations:
 - Weibull inter-event times (shape=0.75)
 - Increased hazard shortly after HHF
 - Autoregressive event rate: Rate of CVD and HHF multiplied by additional factor (1.1 and 1.2)
 - Deterioration in health after each HHF
 - Frailty correlation: $\alpha = 0.5$ and $\alpha = 1$
 - Lower (0.5) and higher (1) correlation between HHF and CVD
 - Detrimental CVD effect
 - Positive effect on HHF, but negative effect on CVD

Recurrent Events methods

see e.g. Therneau & Grambsch, 2000 for details



Mean estimated treatment effects

Without terminal event (RRMS)

(%)		Method	Estimate	
Estimand 1		Cox	0.694	
(Treatment-policy)		NB	0.682	`Estimate' values
		LWYY	0.684	are calculated
		WLW	0.611	hased on
		PWP	0.707	
Estimand 2		Cox	0.665	simulation with
(Hypothetical)		NB	0.647	"true" treatment
		LWYY	0.647	effect HR = 0.65
		WLW	0.576	
	_	PWP	0.671	

Mean estimated treatment effects

Without terminal event (RRMS)

ংশ্য	Estimand value	Method	Estimate	
Estimand 1	0.685	Cox	0.694	
(Treatment-policy)		NB	0.682	`Estimate' values
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		PWP	0.707	
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(Hypothetical)		NB	0.647	"true" treatment
		LWYY	0.647	effect HR = 0.65
		WLW	0.576	
		PWP	0.671	

Mean estimated treatment effects

Without terminal event (RRMS)

< m	Estimand value	Method	Estimate	Estimate/Estimand
Estimand 1	0.685	Cox	0.694	1.013
(Treatment-policy)		NB	0.682	0.996
		LWYY	0.684	0.999
		WLW	0.611	0.892
		PWP	0.707	1.032
Estimand 2	0.65	Cox	0.665	1.023
(Hypothetical)		NB	0.647	0.995
		LWYY	0.647	0.995
		WLW	0.576	0.886
		PWP	0.671	1.032

- NB and LWYY give consistent mean effects for both estimands
- Cox, WLW and PWP models are not appropriate since their target values are different from the estimand values

*WLW: Wei-Lin-Weissfeld model; PWP: Prentice-Williams-Peterson model

Power comparison Without terminal event (RRMS)



Acceptance of recurrent event endpoint by regulators

- Commonly used in areas where mortality is relatively low (e.g., Multiple Sclerosis)
- EMA (1999, 2017) guidance for chronic HF acknowledges recurrent HFH as potentially acceptable primary endpoint in some circumstances highlighting the importance of terminal events for analysis and interpretation
- ESC CV Round Table: "... particularly suitable for diseases where reductions in repeat hospitalizations are of interest (e.g. HF with preserved ejection fraction or acute decompensated HF)."
- FDA precedence: In the HF area recurrent HFH has been used as primary endpoint for pivotal/late stage trials of devices (CHAMPION), gene therapies (CUPID-2) and more recently drugs (PARAGON)